

# Kristine Medyanik

AUTHOR | SPEAKER | EDUCATOR |  
VETERAN | ENTREPRENEUR



# Kristine Medyanik

## CHANGING BUSINESSES AND COMMUNITIES BY ELEVATING EVERYDAY LEADERS.

Dr. Kristine Medyanik is a renowned speaker and leadership expert, specializing in organizational psychology and business strategy. With over 15 years of teaching experience and a doctorate in Business, she has dedicated her career to helping individuals and organizations unlock their true potential.

As the founder of Shattered Glass Leadership, Dr. Medyanik combines her deep knowledge of personality assessment, motivation, and brain science to create transformative retreats and workshops. Her unique approach allows participants to explore their goals, confront real challenges, and develop action plans for meaningful change in their lives.

Passionate about women's development, Dr. Medyanik is supported by her loving husband and three growing boys. In addition to her personal commitment, she also champions local women-owned small businesses by incorporating their products, such as coffees, treats, and delightful surprises, into her in-person workshops and retreats.

With her dynamic speaking style and insightful content, Dr. Medyanik captivates audiences worldwide. Her expertise encompasses a range of topics, including leading across generations, navigating leadership in times of crisis, and effectively managing different personality types. Whether you're an aspiring leader, seasoned executive, or someone looking to maximize their potential, Dr. Kristine Medyanik is eager to collaborate with you on your journey towards success.



**SPEAKER, AUTHOR, EDUCATOR**

## KEYNOTE TOPICS

**Leading in Crisis** - Changing your perspective to elevate your empathy.

**Leading across Generations** - A Lens to Honor the experiences of everyone on your team

**Leading across personalities** - The foundation for trust with a side of humor!







*Kristine Medyanik*

# ELEVATE LEADERSHIP: MASTERING EMPATHY AND ACCOUNTABILITY IN CRISIS

Unveil the art of leading with empathy and unwavering accountability amidst adversity. Guided by the expertise of Dr. Kristine Medyanik, a distinguished luminary in leadership, her speech unravels the keys to navigating crises while upholding compassion and effectiveness.

In this immersive experience, participants will:

- Gain a fresh perspective that magnifies empathy in the face of turmoil, revolutionizing leadership.
- Bridge generational gaps with empathetic mastery, igniting understanding and collaborative synergy.
- Forge unbreakable bonds via personality dynamics, laying the cornerstone of team trust.

Experience Dr. Medyanik's unique approach as she blends relatable humor, vivid real-world anecdotes, and engaging dialogues. Guided by her experience as a visionary dual small business owner and seasoned academic, Dr. Medyanik empowers attendees with pragmatic instruments to revolutionize team dynamics and personal connections.

With acknowledgments like the Top Leadership Development Company of 2022 and fortified by her Navy veteran status, Dr. Medyanik boasts a profound background. Her insights, stemming from a doctorate in Organizational Psychology, 15 years of pedagogical prowess, and ownership of thriving enterprises, radiate real-world wisdom.

Join Dr. Medyanik's noble crusade to amplify leaders through hands-on, potent professional development. Her toolkit empowers attendees to wield influence with authenticity and transformative force in a realm where leadership transcends titles.

A portrait of Kristine Medyanik, a woman with short, wavy grey hair, smiling. She is wearing a white sweater with black horizontal stripes and a black and white striped cardigan. She is also wearing blue jeans, a watch on her left wrist, and a ring on her left hand. The background is a light blue geometric shape.

*Kristine Medyanik*

## OTHER POPULAR KEYNOTE TOPICS

### LEADING ACROSS PERSONALITIES

#### Understanding the target!

In leadership, it is easy to focus on **ACTIONS** in an effort to change **RESULTS**! But this is change that will be ineffective and will not have lasting effects, because beliefs have not been challenged and modified.

Therefore, we should always start with curiosity about the inner circles impacting that lens.

This course focuses on the lens of personality types - the center of the circle. As an organizational psychologist, I've studied many personality types, and researched the root of typologies extensively. As a step mom to twins, I believe with everything in my being that personality is a born trait and the experiences we have shape how we use our born strengths and weaknesses. This concept however is widely debated, and you may find that you believe it is shaped characteristics.

### LEADING ACROSS GENERATIONS

The recognition of the evolving nature of generational values over time. For example, Millennials, who were once characterized by their tech-savvy and entrepreneurial spirit, are now entering leadership roles, bringing new perspectives and priorities to the table. This highlights the need for organizations to adapt their leadership strategies to accommodate the changing demographics of their workforce.



# ABOUT KRISTINE

Dr. Kristine Medyanik is a distinguished speaker and leadership authority specializing in organizational psychology and business strategy. Possessing over a decade of instructive experience and a doctorate in Business, she has devoted her professional trajectory to empowering both individuals and organizations, facilitating the realization of their utmost capabilities.

Founder of Shattered Glass Leadership, Dr. Medyanik melds her profound understanding of personality assessment, motivation, and brain science to craft immersive retreats and workshops that drive transformation. Her distinctive approach empowers participants to delve into their aspirations, directly confront genuine obstacles, and formulate actionable roadmaps for substantive life change.

An ardent advocate for women's advancement, Dr. Medyanik finds unwavering support from her affectionate husband and three burgeoning sons. Beyond her personal dedication, she champions local women-led small enterprises by seamlessly integrating their offerings—ranging from coffees to confections to delightful surprises—into her in-person workshops and retreats. With her dynamic oratory style and perceptive content, Dr. Medyanik entralls global audiences. Her proficiencies span a gamut of subjects, including multi-generational leadership, adept navigation of crisis-driven leadership scenarios, and effective management of varied personality archetypes.

Be it an aspiring trailblazer, a seasoned corporate luminary, or an individual striving to optimize their potential, Dr. Kristine Medyanik enthusiastically anticipates the opportunity to collaborate with you on your path to triumph.



# TESTIMONIAL

This is a must do for those looking to enhance your leadership skills!! Dr. Kristine has a vast understanding and knowledge of behavioral leadership skills that she shared, and I was able to apply immediately. Her techniques and applications are easy to understand and share with others. I feel more confident in understanding the needs of my co-workers and management with the tools she gave me in her workshop.

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**To Book Dr. K For Your Next Event, Please Contact:**

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